

RELATIONSHIP

Kevin prefers the roles of consultant, confidant, coach, teacher, tutor, guide, role model, advocate, helper, and collaborator over the roles of guru, know-it-all, doctor, magician, expert, or some other one-up position. Kevin believes that it is crucial to successful counseling to agree on what to work on and to work on it together as a team.

Kevin, like all counselors, is ethically bound to stay out of dual relationships with clients. Dual relationships simply means having more than one basis for relating. In counseling, the basis for relating is counseling. In friendship, the basis for relating is friendship. In business, the basis for relating is business. In order to keep the roles and responsibilities clear, the only relationship that you will have with Kevin is one of client to counselor.

Contacts outside of the counseling setting can be difficult for some. Kevin will attempt to match the level of interaction that you start in public settings, for example, by only saying "Hello" if you do first.

The relationship can become strained if you do NOT call as far ahead as possible when you need to miss a scheduled appointment. Courtesy allows others to get help.

The best relationship is when you use Kevin to help you to help yourself.

AVAILABILITY

Kevin is available mainly by appointment. Call A Counseling Center during our normal working hours at 402.573.7277 and ask for Kevin.

In emergency situations, Kevin will make reasonable efforts to contact or meet with you. If that is NOT possible, Kevin, or a substitute for Kevin, will attempt to have someone else meet with you.

For after-hour emergencies, call Kevin's pager at 233-9626. If he does NOT respond, please call 573-7277 and leave an "urgent" message for Barbara Escamilla. Barbara and Kevin cover for each other with many cases.

Please note the following help numbers: United Way's First Call for Help 444.6666; Police 911; Domestic Abuse 800.523.3666; Child and Adult Abuse 800.652.1999; AA 895.9911; Al-Anon 553-5033.

OTHER

Confidentiality is covered in the "10 Limits to Confidentiality" handout. But ask any and all questions about it.

Fees and length of therapy also need to be discussed and made clear. Make a point of asking to do this.

Your motivation to change, your willingness to suffer ego pain, your willingness to risk new skills, and your persistent practice of your new skills are the best measures of the potential success of your therapy.

Orientation Brochure for Counseling

with

Kevin Everett FitzMaurice,
M.S., NCC, CCMHC, LPC

ncc 
national certified counselor

A Counseling Center, P.C.

Specializing in
Cognitive
Psychotherapy

Helping People to Discover
Health & Happiness in their
Private, Public
& Personal Lives

Hours
by Appointment Only

A Counseling Center, P.C.
www.kevinfitzmaurice.com
3323 North 109th Plaza
Omaha, NE 68164-2908

Phone: 402.573.7277
Fax: 402.573.7360
Pager: 402.233.9626
E-mail: info@kevinfitzmaurice.com