

REMOVE WEEDS: REPEATEDLY SHOW THINKING IS HURTFUL

- 1. Does it help responses?**
- 2. Does it help motivation?**
- 3. Does it help my identity?**
- 4. Does it help my attitude?**
- 5. Does it improve relations?**
- 6. Does it improve my mood?**

Copyright © 2006 by Kevin Everett FitzMaurice

www.kevinfitzmaurice.com