

BE YOUR SIMPLE ONE TRUE SELF: SINGLE, STILL, SILENT

BE SINGLE: (1) Self is one self NOT the thousands of self-esteem.
(2) Self is one single being NOT the numerous delusions of ego.
(3) Self has the honesty of singleness, oneness, being, simplicity.

BE STILL: (1) Self is NOT the doing but only the host for the doing.
(2) Self is NOT what is done but the vehicle for what is done.
(3) Self has the integrity of simplicity, humility, honesty, light.
(4) Self listens, waits, watches, records, magnifies, enjoys, resists.

BE SILENT: (1) Self is silent as it receives NOT creates signals.
(2) Self is safe from people and self cannot fail as silent self.
(3) Self is able to receive since it is NOT in the way or full of itself.
(4) Self is rewarded in life and death by the signals it amplifies.